# CHAPTER 9

## APPRAISALS

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9 APPRAISALS

9.1 SUMMARY

Yajnas and many ceremonies in Indian tradition have significant influence on subtle layers of human personality. Spiritual growth is ensured if any practice is followed continuously and committedly. This study is one example of how human energy field alters positively to external stimulus such as Yajna or any other ritual if followed according to the procedure mentioned in the scriptures. It is evident that performing Yajna reduces certain pollutants in the environment leading to healthy environment.

9.2 CONCLUSIONS

Bhaishajya Maha Yajna which is being performed by a group of practitioners annually has effects on human energy field and environment. There is observable positive changes in Area, Average Intensity and Entropy, implying increased human energy field in individuals who participated.

Medicinal herbs, used in Yajna and most importantly the participants having one grand intention to uplift humanity, caused these observed positive changes.

9.3 STRENGTH

These are the first observations in understanding the effects Yajna using EPI parameters, for effect of Yajna on humans.

Pollution levels before and after Yajna, measured through standard commercial equipment support the earlier qualitative observations.
The present research work establishes the objectivity of research on human energy field related studies. Therefore, future methodology in this field can be refined and done effectively.

9.4 LIMITATIONS

This study measures only overall effect of Yajna, the effects of individual components of Yajna such as offering to Fire, final offering etc., are not measured. Only a few of the 81 focal themes were followed in this research.

9.5 USEFULNESS

The role of Yajna in bringing positive response in individuals creates an atmosphere of togetherness in the participants. It is likely the reduction in SO₂, if confirmed through more observations, could be used in the control of pollution in the atmosphere.

9.6 SUGGESTIONS FOR FUTURE WORK

Collection of data could be performed more number of times after major events that demarcate different phases of Yajna. Comparing the outcome of this Yajna to more traditional, Veda based Yajna could result in choosing the best method for specific outcomes.

Any material, used in Yajna is believed to be sanctified according to tradition. The future researchers can identify to measure sanctification. As we discussed in the previous section the smoke coming out of Yajna can support health status of humans.

Any system of medicine prescribes the dosage of medicine based on severity and further complications of disease, responding to prescribed medicine. Similarly, when we consider Yajna as therapeutic mode of practice, it is mandatory to understand those factors which play
major role in bringing the desired results, for example, Samits (sacred sticks which are offered into fire), Dravya (any material for Yajna), Mantra (chanting of Mantra which is connected with respective deities), Krama (procedure of performance of Yajna), Kala (prescribed specific time for different Yajnas), Sthana (specific place of performing Yajna) and most importantly people involving in performing Yajna; Yajamana (one who intended to perform Yajna and who owns the results Yajna), Ritviks (performers of Yajna) and so on.

Chemical properties of herbs can be taken for future study. Gaseous samples of verities of herbs, combinations of different herbs and intake of medicinal valued ash after Yajna; such studies can support cultural practices, followed for thousands of years, which have deep science behind.