Chapter V

SUMMARY, CONCLUSIONS AND RECOMMENDATIONS

Summary

The purpose of the study has been to analyze and compare the attitude of parents and students of International Baccalaureate World Schools and Haryana Board Schools of NCR towards Physical Education. Two fifty students from International Baccalaureate World Schools of NCR and two fifty students from Haryana Board Schools of NCR and their parents have been selected. The age of the students selected for the study was between 13 to 17 years with Mean and S.D. of 15.6 ± 0.78. Survey method has been used to carry out the study. Attitude towards Physical Education of the subjects have been selected as the variable of the study.

Attitude towards Physical Education has been measured by Wear Attitude Inventory Equivalent Form A and has been calculated in numbers. In order to compare the subjects of Haryana Board Schools of NCR and International Baccalaureate World Schools of NCR, ‘Z’ Test has been employed and the level of significance has been set at 0.05.

The results reveal that there is insignificant difference between International Baccalaureate World Schools of NCR and Haryana Board Schools of NCR, on attitude towards Physical Education in both students as well as their parents.

Conclusions

On the basis of results obtained from the study the following conclusions are drawn:

1. There is a significant difference between the attitude of students towards Physical Education in Haryana Board Schools and International Baccalaureate World Schools.
2. There is a significant difference between the attitude of parents towards Physical Education in Haryana Board Schools and International Baccalaureate World Schools.

3. It is also revealed that the attitude of the students of International Baccalaureate World Schools towards Physical Education is very positive and optimistic as compared to students of Haryana Board Schools.

4. Further it is also concluded that the attitude of the parents whose children are studying in the International Baccalaureate World Schools towards Physical Education is also very encouraging and cheerful as compared to the parents whose children are studying in the Haryana Board Schools.

**Recommendations**

In the light of conclusions drawn, the following recommendations may be made:

1. A similar study may be taken by selecting a large sample of different and more schools other than that employed in the study.

2. Similar study may be undertaken by selecting different variables which will help in enhancing the status of Physical Education in the country other than those employed in this study.

3. A similar study also may be undertaken in the different states and can also be compared with different schools of different educational boards, so that the status of all the schools can be revealed.

4. A similar study may be conducted on various age groups.
5. The same study can also be conducted on females to find out the relationship, because the status of the females in the Physical Education is very poor.