10. CONCLUSION

An Indian traditional, official, anti-diabetic, Siddha formulation “Aavarai Kudineer” has been Pharmacognostically standardized and formulated into solid dosage forms such as tablets and capsules leading to modernization of the selected formulation.

This formulation is prescribed by Siddha physician as a “make your own medicine type formulation”. The cumbersome process of preparing this formulation by the patient has lead to the less of popularity of “Aavarai kudineer”. This study helps in this formulation regaining its lost patient compliance by way of modernization and standardization.