# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>S.NO.</th>
<th>TITLE</th>
<th>PAGE NO.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>CHAPTER I</strong></td>
<td></td>
</tr>
<tr>
<td>1.</td>
<td><strong>INTRODUCTION</strong></td>
<td></td>
</tr>
<tr>
<td>1.1</td>
<td>Standardization of medicinal plants</td>
<td></td>
</tr>
<tr>
<td>1.2</td>
<td>Role of free radicals and its effect</td>
<td></td>
</tr>
<tr>
<td>1.3</td>
<td>Antioxidants from natural source</td>
<td></td>
</tr>
<tr>
<td>1.4</td>
<td>Inflammation – Process and mediators</td>
<td></td>
</tr>
<tr>
<td>1.4.1</td>
<td>Search for natural anti-inflammatory agent</td>
<td></td>
</tr>
<tr>
<td>1.5</td>
<td>Arthritis</td>
<td></td>
</tr>
<tr>
<td>1.5.1</td>
<td>Clinical features of rheumatoid arthritis</td>
<td></td>
</tr>
<tr>
<td>1.5.2</td>
<td>Pathology of rheumatoid arthritis</td>
<td></td>
</tr>
<tr>
<td>1.5.3</td>
<td>Treatment for rheumatoid arthritis</td>
<td></td>
</tr>
<tr>
<td>1.5.4</td>
<td>Cellular mediators involved in inflammation and arthritis</td>
<td></td>
</tr>
<tr>
<td>1.5.5</td>
<td>Search anti-arthritic agent from natural source</td>
<td></td>
</tr>
<tr>
<td>1.6</td>
<td>References</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>CHAPTER II</strong></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td><strong>AIM AND OBJECTIVES OF THE STUDY</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>CHAPTER III</strong></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td><strong>PLAN OF WORK</strong></td>
<td></td>
</tr>
</tbody>
</table>
CHAPTER IV

4. PLANT PROFILE & LITERATURE REVIEW

4.1 Plant profile

4.2 Literature review

4.3 References

CHAPTER V

5. PHARMACOGNOSTICAL STUDIES

5.1 Introduction

5.2 Materials and methods

5.2.1 Anatomical studies

5.2.2 DNA sequencing using ITS2 markers

5.2.3 Physico-chemical evaluation

5.2.4 Elemental analysis

5.3 Results and discussion

5.4 Conclusion

5.5 References

CHAPTER VI

6. PHYTOCHEMICAL STUDIES

6.1 Introduction

6.2 Materials and methods

6.2.1 Preparation of extracts

6.2.2 Preliminary phytochemical analysis

6.2.3 Fluorescence analysis

6.2.4 Quantitative phytochemical evaluation

6.2.5 High Performance Thin Layer Chromatography
6.3 Results and discussion
6.4 Conclusion
6.5 References

CHAPTER VII
7. IN VITRO ANTIOXIDANT ACTIVITY
7.1 Materials and methods
  7.1.1 DPPH radical scavenging assay
  7.1.2 Nitric oxide radical scavenging assay
7.2 Results and discussion
7.3 Conclusion
7.4 References

CHAPTER VIII
8. IN VITRO ANTI-ARTHRITIC ACTIVITY
8.1 Materials and methods
  8.1.1 Inhibition of protein denaturation assay
8.2 Results and discussion
8.3 Conclusion
8.4 References

CHAPTER IX
9. IN VITRO ANTI-INFLAMMATORY ACTIVITY
9.1 Materials and methods
  9.1.1 HRBC membrane stabilization assay
  9.1.2 Evaluation of in vitro anti-inflammatory activity by TPA induced inflammation in polymorpho nuclear leukocytes
9.3 Results and discussion
9.4 Conclusion
9.5 References

CHAPTER X
10. STANDARDISATION OF EXTRACTS
10.1 High Performance Liquid Chromatography
10.2 Review of Lapachol
10.3 Materials and methods
10.4 Results and discussion
10.5 Conclusion
10.6 References

CHAPTER XI
11. IN VIVO ANTI-ARTHRITIC ACTIVITY
11.1 Materials and methods
  11.1.1 Acute toxicity study
  11.1.2 Evaluation of in vivo anti-arthritis activity
11.2 Results and discussion
11.3 Conclusion
11.4 References

CHAPTER XII
12. SUMMARY

CHAPTER XIII
13. CONCLUSION

FUTURE PERSPECTIVES
APPENDIX